

Subject: New Mental Health Programs on the move.

Ladies and Gentlemen,

It's most essential that anyone in the DVA related Mental Health business and associated ESO/ADF practices becomes familiar with the above web site for rural health projects. www.rhef.com.au and view the suicide prevention relevant podcasts/webcasts as available and gain a genuine appreciation of the real difficulties being experienced by practitioners and patients alike. I recommend people log on and register for their own benefit and at no expense. In addition, please consider signing up yourselves for an "Operation Life" seminar near you soon. Ring 1800 011 046 from anywhere in Australia.

The Department has provided us with \$1.4M over four years to make this suicide prevention program amongst veterans and their families work. Now let's spend this money and do our fellow service personnel some serious good. If anyone has any reasonable enquiries please contact me in order to give this all the publicity we are able. After some considerable time the whole Military Mental Health Budget and Review Strategy has begun to take on a very positive shape so this is just the beginning for us and ADF members of the extensive work planned for the future. Our ADF difficulties did not end with the Vietnam Conflict. The publication of the Dunt report provided great impetus to this process and it is most welcome. We await the Minister's announcement on the Mental Health Forum with great expectations.

Where most of us come from God helps those who help themselves and God help anyone who is not prepared to get stuck in on this one.

If you go to:

http://www.rhef.com.au/programs/program-1/?program_id=385
you can see at the end of the page, in 'related programs', four
suicide webcasts that are available for immediate viewing
under high or low resolutions. I recommend the effort to do
this; in your own time of course.

Regards,

Rod

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